

# Steps you'll take in your endoscopy journey



# Step 1

## **COVID-19 screening**

Before you come to hospital, we will phone to check your health history and complete COVID-19 screening questions. If we have not been able to talk to you on the phone, a nurse will help you complete this step when you arrive.

## Step 2

#### Administration admission

Our administration team members will confirm your details are correct and collect any payment required.



Approximately 10 minutes

# Step 3

#### Clinical admission

A nurse will check your blood pressure and review your health history. We will confirm the details of your designated ride home.



Approximately 15minutes

## Step 4

#### **Pre-op preparation**

You will be asked to change into a gown. Your bag will stay with you throughout your journey. Please ensure your phone is turned off prior to your procedure. Your hospital admission time is decided by your doctor. You may notice others going before you. This is because as we have multiple procedure rooms and doctors working at the same time.



Approximately 30 minutes



# Step 5

## Procedure

You will be in the best care throughout your procedure, with a team of healthcare professionals to ensure everything goes smoothly and to the highest possible standards.



Time dependent on procedure

# Step 6

### Recovery

When you wake up from the anaesthetic, recovery staff will be right there to ensure you are made comfortable.



Approximately 15minutes

## Step 7

## Second stage recovery

We will offer you something to eat and drink, and give you time to change into your clothes. Your designated ride will be contacted with instructions about discharge time and any medication they will need to get. Your doctor may wish to see you before you leave. Please note visitors to this area are restricted.



Approximate time from arrival to discharge is 2½ hrs.

You will be provided with aftercare instructions to answer any concerns or questions.

Finally, we wish you all the best in your recovery.